





























































PE Cycle A and Cycle B Curriculum Overview

Cycle A

Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	High, Low, Over, Under 	Moving 	Ourselves 	Nursery Rhymes 	Feet 1 	Hands 1 
KS1	Jumping 1 	Running 1 	The Zoo 	Explorers 	Team Building 	Team Building 
	Body Parts 	Linking 	Hands 1 	Hands 2 	Dodging 1 	Rackets Bats and Balls 
LKS2	Swimming 	Swimming 	Swimming 	Swimming 	Swimming 	Swimming 
	Netball 	Tag Rugby 	Bridges 	Football 	Athletics 	Tennis 
	Communication & Tactics 	Space 	Hockey 	Basketball 	Cricket 	Rounders 
UKS2	Tag Rugby 	Hockey 	Netball 	Counter Balance & Counter Tension 	Cricket 	Rounders 
	Basketball 	Carnival 	Health Related Exercise 	Communication & Tactics 	Athletics 	Orienteering 

Cycle B

Year/Term	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Foundation	High, Low, Over, Under 	Moving 	Ourselves 	Nursery Rhymes 	Feet 1 	Hands 1 
KS1	Feet 1 	Rackets Bats and Balls 	Games For Understanding 	Games For Understanding 	Jumping 1 	Running 1 
	Wide, Narrow, Curled 	Body Parts 	Heroes 	Growing 	Health and Wellbeing 	Health and Wellbeing 
LKS2	Swimming 	Swimming 	Swimming 	Swimming 	Swimming 	Swimming 
	Netball 	Hockey 	Basketball 	Weather 	Athletics 	Cricket 
	Football 	Tag Rugby 	Symmetry & Asymmetry 	Problem Solving 	Rounders 	Tennis 
UKS2	Hockey 	The Circus 	Matching & Mirroring 	Netball 	Throwing & Jumping 	Competitions 
	Orienteering 	Problem Solving 	Tag Rugby 	Tennis 	Rounders 	Cricket 